

Seminole Academy Lunch Menu January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School
		1	2	3
Mac & Cheese Peas WG Dinner Roll Fresh Produce Bar Choice of Milk 6	Bosco Stick Marinara Sauce Baby Carrots Fresh Produce Bar Choice of Milk 7	Pepperoni or Cheese Pizza Romaine Salad Fresh Produce Bar Choice of Milk 8	Turkey & Cheese on WG Bun Cucumbers Fresh Produce Bar Choice of Milk 9	Chicken Nuggets Baked Beans Fresh Produce Bar Choice of Milk 10
Corndog on a Stick Sweet Potato Fries Fresh Produce Bar Choice of Milk 13	Popcorn Chicken Mashed Potatoes Corn WG Dinner Roll Fresh Produce Bar Choice of Milk 14	Pizza Crunchers Romaine Salad Fresh Produce Bar Choice of Milk 15	Pancakes Turkey Sausage Hash brown Rounds Fresh Produce Bar Choice of Milk 16	No School 17
Martin Luther King, Jr. Day No School 20	Chicken Drumstick Roasted Potatoes Fresh Produce Bar Choice of Milk 21	Alfredo Green Beans Fresh Produce Bar Choice of Milk 22	Half Day Bagged Lunches 23	Half Day Bagged Lunches 24
Teriyaki Beef Dunkers Oriental Vegetables WG Rice Fresh Produce Bar Choice of Milk 27	Beef Taco Corn Fresh Produce Bar Choice of Milk 28	Pizza Calzone Romaine Salad Fresh Produce Bar Choice of Milk 29	Cheeseburger WG Bun Sweet Potato Fries Fresh Produce Bar Choice of Milk 30	Hot Dog WG Bun Baked Beans Fresh Produce Bar Choice of Milk 31



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Contact your Food Service Director, Renee Frederick, at (313) 269-7108 or email FrederickR@mtcps.org for questions or comments.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.

Daily Produce Bar with rotating fruits and vegetables. An alternative meal is available.