

# Seminole Academy Breakfast Menu January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Winter Break</b> No School	<b>Winter Break</b> No School	<b>Winter Break</b> No School
		<b>1</b>	<b>2</b>	<b>3</b>
Frosted Flakes Cereal Mixed Fruit Juice Milk <b>6</b>	Strawberry ZZ Bar Diced Pears Juice Milk <b>7</b>	Cocoa Puff Cereal Bar Banana Juice Milk <b>8</b>	Oatmeal Chocolate Chip Bar Apple Milk <b>9</b>	Cheerios Diced Peaches Juice Milk <b>10</b>
Annie's Bunny Grahams Diced Pears Juice Milk <b>13</b>	Strawberry Pop Tart Diced Peaches Juice Milk <b>14</b>	Bagel w/Jelly Apple Milk <b>15</b>	Banana Muffin Mixed Fruit Juice Milk	No School <b>17</b>
<b>Martin Luther King, Jr.</b> <b>Day</b> No School <b>20</b>	Blueberry Lemon Crisp Bites Diced Peaches Juice Milk <b>21</b>	Cinnamon Toast Crunch Bar Mandarin Oranges Juice Milk <b>22</b>	Strawberry Nutri Grain Bar Apple Milk <b>23</b>	Apple Cinnamon Cheerios Diced Peaches Juice Milk <b>24</b>
Trix Cereal Bar Diced Pears Juice Milk <b>27</b>	Apple Cinnamon Muffin Diced Peaches Juice Milk <b>28</b>	Lucky Charms Cereal Banana Juice Milk <b>29</b>	Cinnamon Pop Tart Apple Milk <b>30</b>	Blueberry Muffin Mixed Fruit Juice Milk <b>31</b>



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Contact your Food Service Director,  
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for questions or comments.

**\*\*Menu Subject to Change\*\***

"or;" = An alternative selection to choose.  
"WG"= Whole Grain 1% White & 1%Chocolate  
Milk available daily.

Daily Produce Bar with rotating fruits and  
vegetables. An alternative meal is available.