

Seminole Academy Breakfast Menu December 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blueberry Crispy Lemon Bites Diced Pears Juice Choice of Milk 2	Apple Cinnamon Cheerios Cereal Applesauce Juice Choice of Milk 3	Bagel w/Cream Cheese Banana Juice Choice of Milk 4	Banana Muffin Diced Pears Juice Choice of Milk 5	Strawberry Nutri Grain Bar Apple Choice of Milk 6
Strawberry Pop Tart Fruit Cup Juice Choice of Milk 9	Oatmeal Chocolate Chip Breakfast Round Craisins Juice Choice of Milk 10	Cinnamon Toast Crunch Cereal Bar Apple Choice of Milk 11	Honey Cheerios Cereal Banana Juice Choice Of Milk 12	Blueberry Muffin Pineapple Tidbits Juice Choice of Milk 13
Trix Cereal Bar Diced Pears Juice Choice of Milk 16	Apple Cinnamon Muffin Applesauce Juice Choice of Milk 17	Yogurt Banana Juice Choice of Milk 18	Cinnamon Pop Tart Apple Choice of Milk 19	Blueberry Muffin Fruit Cup Juice Choice of Milk 20
Winter Break No School 23	Winter Break No School 24	Winter Break No School 25	Winter Break No School 26	Winter Break No School 27
Winter Break No School 30	Winter Break No School 31			



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Contact your Food Service Director, Renee Frederick, at (313) 269-7108 or email FrederickR@mtcps.org for questions or comments.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.

Daily Produce Bar with rotating fruits and vegetables. An alternative meal is available.