

GSRP Breakfast Menu January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Winter Break No School	Winter Break No School	Winter Break No School
		1	2	3
Frosted Flakes Mixed Fruit Milk 6	Strawberry ZZ Bar Diced Pears Milk 7	Blueberry Muffin Banana Milk 8	Chex Cereal Juice Milk 9	Cheerios Diced Peaches Milk 10
Annie's Bunny Grahams Juice Milk 13	WG Banana Muffin Mandarin Oranges Milk 14	Dannon Nonfat Yogurt Diced Peaches Milk 15	Cinnamon Chex Cereal Juice Milk 16	No School 17
Martin Luther King, Jr. Day No School 20	Blueberry Lemon Crisp Bites Juice Milk 21	Honey Cheerios Banana Milk 22	Strawberry Nutri Grain Bar Diced Pears Milk 23	Apple Cinnamon Cheerios Diced Peaches Milk 24
Rice Chex Cereal Diced Pears Milk 27	Apple Cinnamon Muffin Juice Milk 28	Dannon Yogurt Banana Milk 29	Blueberry Chex Cereal Apple Slices Milk 30	Blueberry Muffin Juice Milk 31



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Contact your Food Service Director,
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or email FrederickR@mtcps.org
for questions or comments.

****Menu Subject to Change****

"or:" = An alternative selection to choose.
"WG" = Whole Grain 1% White Milk available daily.

Daily Produce Bar with rotating fruits and vegetables. An alternative meal is available.