

ECSE AM Breakfast Menu January 2025



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---------------------------------------|
| | | Winter Break No School 1 | Winter Break No School 2 | Winter Break No School 3 |
| Frosted Flakes Mixed Fruit Milk 6 | Strawberry ZZ Bar Diced Pears Milk 7 | Blueberry Muffin Banana Milk 8 | Chex Cereal Juice Milk 9 | No Program 10 |
| Annie's Bunny Grahams Juice Milk 13 | WG Banana Muffin Mandarin Oranges Milk 14 | Dannon Nonfat Yogurt Diced Peaches Milk 15 | Cinnamon Chex Cereal Juice Milk 17 | No School 17 |
| Martin Luther King, Jr. Day No School 20 | Blueberry Lemon Crisp Bites Juice Milk 21 | Honey Cheerios Banana Milk 22 | Strawberry Nutri Grain Bar Diced Peaches Milk 23 | No Program 24 |
| Rice Chex Cereal Diced Pears Milk 27 | Apple Cinnamon Muffin Juice Milk 28 | Dannon Nonfat Yogurt Banana Milk 29 | Blueberry Chex Cereal Apple Slices Milk 30 | Blueberry Muffin Juice Milk 31 |



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Contact your Food Service Director,
 Renee Frederick, at (313) 269-7108
 or email FrederickR@mtcps.org
 for questions or comments.

****Menu Subject to Change****

"or:" = An alternative selection to choose.
 "WG" = Whole Grain 1% White Milk available daily.

Daily Produce Bar with rotating fruits and vegetables. An alternative meal is available.